

## NIA-BethelPark-RodgersSmith-Poquoson-NIA\_23-6mi

23.6 miles

Leg	Dir	Type	Notes	Total
	→	Right	Turn right	0.0
0.1	→	Right	Turn right onto Exploration Way	0.1
0.0	↑	Straight	At roundabout, take exit 2 onto Exploration Way	0.1
0.2	←	Left	Turn left onto North Campus Parkway	0.3
0.2	→	Right	Turn right onto Commander Shepard Boulevard	0.5
1.3	↑	Straight	Continue onto Saunders Road	1.8
0.7	←	Left	Turn left onto Westview Drive	2.5
0.3	←	Left	Turn left onto Fairmont Drive	2.8
0.7	←	Left	Turn left onto Newgate Village Road	3.5
0.3	→	Right	Turn right onto Edgemont Drive	3.8
0.1	→	Right	Turn right onto Saunders Road	3.9
0.3	↑	Straight	Continue onto Commander Shepard Boulevard	4.2
0.8	←	Sharp Left	Turn sharp left onto Middle Road	5.0
0.3	←	Left	Turn left onto Semple Farm Road	5.4
1.0	→	Right	Turn right onto Big Bethel Road, SR 600	6.3
1.1	→	Right	Turn right onto Liberty Drive	7.4
0.2	←	Left	Turn left onto Militia Court	7.6
0.1	→	Right	Turn right onto Patriot Way	7.7
0.1	→	Right	Turn right onto Blacksmith Arch	7.9
0.1	→	Right	Turn right onto Ferrier Place	7.9
0.1	→	Right	Turn right onto Owen Davis Boulevard	8.0
0.8	←	Left	Turn left onto Lake Dale Way	8.8
0.3	→	Right	Turn right onto Lakeland Crescent	9.1
0.1	←	Left	Turn left onto Elm Lake Way	9.2
0.3	←	Sharp Left	Turn sharp left onto Elm Lake Way	9.5
	→	Right	Turn right onto Big Bethel Road, SR 600	
	←	Left	Turn left onto Running Man Trail	9.5
1.5	←	Left	Turn left onto Yorktown Road	11.0
0.4	→	Right	Turn right onto Sanctuary Cove	11.4
0.2	←	Left	Turn left onto Denise Drive	11.6
0.3	→	Right	Turn right onto Tide Mill Road, SR 600	11.9
0.5	←	Left	Turn left	12.4
0.1	←	Slight Left	Turn slight left onto Tide Mill Road, SR 600	12.5

Leg	Dir	Type	Notes	Total
0.4	←	Left	Turn left onto Denise Drive	12.9
0.3	→	Right	Turn right onto Sanctuary Cove	13.1
0.2	←	Left	Turn left onto Yorktown Road	13.3
0.4	→	Right	Turn right onto Calthrop Neck Road	13.7
0.1	↑	U Turn	Make a U-turn onto Calthrop Neck Road	13.8
0.1	←	Sharp Left	Turn sharp left onto Calthrop Neck Road	13.8
1.2	↑	U Turn	Make a U-turn onto Running Man Trail	15.0
0.1	↑	U Turn	Make a U-turn onto Running Man Trail	15.1
0.1	←	Left	Turn left onto Coinjock Run	15.1
0.3	←	Left	Turn left onto Meherrin Run	15.5
0.3	←	Left	Turn left onto Corrotoman Run	15.7
0.2	←	Slight Left	Turn slight left onto Kinnakeet Run	15.9
0.1	→	Right	Turn right onto Kanawah Run	15.9
0.2	←	Sharp Left	Turn sharp left onto Messongo Run	16.1
0.1	←	Left	Turn left onto Brentmeade Drive	16.2
0.4	←	Left	Turn left onto Pasture Lane	16.6
0.6	←	Left	Turn left onto Pawpa Place	17.2
0.0	→	Right	Turn right onto Ocracoke Lane	17.2
0.1	←	Left	Turn left onto Cape Landing	17.3
0.1	←	Left	Turn left onto Mansion Road	17.4
0.6	←	Left	Turn left onto Terrys Run	18.1
0.2	→	Right	Turn right onto Willards Way	18.3
0.2	→	Right	Turn right onto Carys Chapel Road	18.5
	←	Sharp Left	Turn sharp left onto Carys Chapel Road	
	→	Right	Turn right onto Jessica Drive	18.9
0.1	→	Right	Turn right onto Zachary Place	18.9
0.1	←	Left	Turn left onto Seth Lane	19.0
0.2	→	Right	Turn right onto Elliott Road	19.1
0.1	→	Right	Turn right onto Victory Boulevard, VA 171	19.2
0.8	→	Right	Turn right onto Wythe Creek Road, VA 172	20.0
2.1	←	Left	Turn left onto Commander Shepard Boulevard, VA 172	22.2
0.3	→	Right	Turn right onto Research Drive	22.5
0.5	→	Sharp Right	Turn sharp right onto Floyd Thompson Drive	23.0

Leg	Dir	Type	Notes	Total
0.5	←	Left	Turn left	23.5
0.0	→	Sharp Right	Turn sharp right	23.6
0.0	→	Right	Turn right	23.6

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